

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
6am		STUDIO Izabela	STUDIO Izabela	STUDIO Sam					
7am		STUDIO Izabela	STUDIO Amy	STUDIO Caitlin	STUDIO Sam	STUDIO Izabela	STUDIO Amy	STUDIO Susan	
8am	STUDIO Caitlin	STUDIO Izabela	STUDIO Amy	STUDIO Caitlin	STUDIO Sam	STUDIO Izabela	STUDIO Amy	STUDIO Amy/Simone	STUDIO -/Sam
9am	STUDIO Caitlin	STUDIO Izabela	STUDIO Amy	STUDIO Caitlin	STUDIO Izabela	STUDIO Amy	STUDIO Amy/Simone	STUDIO -/Sam	
10am	STUDIO Susan	STUDIO Caitlin	STUDIO Amy	STUDIO Izabela	STUDIO Caitlin	STUDIO Sam	STUDIO Izabela	10:30 MAT Caitlin	STUDIO Amy/Simone
11am		STUDIO Amy			STUDIO Sam	STUDIO Izabela	11:30 MUMS+BUBS Caitlin		
12pm									
3pm	STUDIO Simone			STUDIO Amy					
4pm	STUDIO Simone	STUDIO Caitlin		STUDIO Simone	STUDIO Amy				
5pm	STUDIO Simone	STUDIO Caitlin	MUM2BE	STUDIO Simone	STUDIO Caitlin	STUDIO Amy			
6pm	STUDIO Simone	STUDIO Caitlin	MAT	STUDIO Simone	STUDIO Caitlin	STUDIO Amy	MAT		



THE STUDIO TIMETABLE

Initial consultations are required prior to commencing classes in The Studio.



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