



# THE STUDIO

MIDLAND PHYSIOGPIlates

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
6am	Lincoln	Susan	Anita		Caris		Caris		Anita	Lincoln		
7am	Lincoln	Caris	Anita		Caris	Paige	Caris		Anita	Lincoln	8am Simone/ Amy Paige/Iza MAT CLASS	
8am	Paige	Caris	Anita		Caris	Paige	Caris		Anita			
9am	Paige	Caris MAT CLASS	Anita		Caris	Paige	Caris	Simone	Anita	Amy	Simone/Amy	
10am	Paige	Susan	Anita		Caris	Paige	Caris		Anita	Amy	Simone/Amy	
11am			Anita						Anita			
3pm							Amy	Anita				
4pm	Anita	Simone	Amy	Susan	Simone		Amy	Anita				
5pm	Anita	Simone	Amy	Susan	Caitlin MAT CLASS	Simone	Amy	Susan				
6pm	Anita MAT CLASS	Simone	Amy		Simone		Amy	Paige MAT CLASS				
7pm							Amy MAT CLASS					



mail@midlandphysiotherapy.com.au



9274 1482



@thestudiomidland



@midlandphysiotherapy