


	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
6AM			STUDIO Amy				STUDIO Sam		STUDIO Amy			
7AM	STUDIO Billy		STUDIO Amy	STUDIO Billy	STUDIO Ben	STUDIO Chandler	STUDIO Sam	STUDIO Billy	STUDIO Amy	STUDIO Chandler		
8AM	STUDIO Susan	STUDIO Billy	STUDIO Amy	STUDIO Billy	STUDIO Ben	STUDIO Chandler	STUDIO Cooper	STUDIO Billy	STUDIO Amy	STUDIO Chandler	STUDIO Ben / Mia	STUDIO Nicole / Audrey
9AM	STUDIO Susan	STUDIO Billy	STUDIO Amy		STUDIO Ben	STUDIO Chandler	STUDIO Cooper	STUDIO Susan	STUDIO Amy	STUDIO Chandler	STUDIO Ben / Mia	STUDIO Nicole / Audrey
10AM	STUDIO Susan		STUDIO Amy	STUDIO Cooper	STUDIO Anita	STUDIO Chandler	STUDIO Audrey		STUDIO Susan	STUDIO Chandler	STUDIO Ben / Mia	STUDIO Nicole / Audrey
11AM					STUDIO Anita	MUMS + BUBS Kirsty	STUDIO Audrey		STUDIO Susan			
3PM			STUDIO Amy				STUDIO Amy		 THE STUDIO MIDLANDPHYSIO&PILATES			
4PM	STUDIO Ben	STUDIO Mia	STUDIO Amy	STUDIO Nicole	STUDIO Ben	STUDIO Mia	STUDIO Amy	STUDIO Nicole				
5PM	STUDIO Ben	STUDIO Mia	STUDIO Amy	STUDIO Audrey	STUDIO Ben	STUDIO Mia	STUDIO Amy	MUMS 2 BE Nicole				
6PM	STUDIO Ben	STUDIO Mia	STUDIO Amy	MAT Audrey	STUDIO Ben	STUDIO Mia	STUDIO Amy	MAT Mia				
7PM					STUDIO Caitlin							

Initial consultations are required prior to commencing classes in The Studio.



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